

Wanderers Senior Preseason 2012 - Wet Weather Trainings & Catch Up Sessions					
January					Catch up Sessions
Week 0	Tue 3 Preseason Starts	Thur 5 -	Sun 8 No Training		-
Week 1	Tue 10 SUPER WANDERER STARTS	Thur 12 6.30pm at Wanderers (Broomdykes Loop)	Sun 15 G.Willey Sunday (Training) Session		Any run of your choice / hit the gym / Sunday Session
Week 2	Tue 17 6.30pm at Wanderers (Broomdykes Loop)	Thur 19 6.30pm at Wanderers (Broomdykes Loop)	Sat 21 Golf Day, Melaleuca Golf Course	Sun 22 G.Willey Sunday (Training) Session	Any run/sprint session of your choice / hit the gym / Sunday Session
Week 3	Tue 24 5.30pm at Goosponds (Meet Willis St Carpark)	Wed 25 Miners Friendly	Thur 26 Aus Day - No Training (Party at Troys place)	Sat 28 -	Sun 29 G.Willey Sunday (Training) Session
February					Catch up Sessions
Week 4	Tue 31 5.30pm at Canelands/Myers	Thur 2 5.30pm at River St Boat Ramp	Sat 4 Sausage Sizzle, Bunnings	Sun 5 G.Willey Sunday (Training) Session	Myers to Hospital Bridge Run / Sprint Session A / Sunday Session
Week 5	Tue 7 6.30pm at Wanderers (Broomdykes Loop)	Thur 9 5.30pm at Goosponds (Meet Willis St Carpark)	Sat 11 Taringa Rovers Friendly, Brisbane	Sun 12	Broomdykes Loop / Goosponds / Sprint Session B / Sunday Session
Week 6	Tue 14 6.30pm at High Street	Thur 16 5.30pm at River St Boat Ramp	Sat 18 Whitsunday Friendly / Prem v Reserves + BBQ at Wanderers	Sun 19 G.Willey Sunday (Training) Session	Hight Street Run / Sunday Session
Week 7	Tue 21 6.30pm at Wanderers (Broomdykes Loop)	Thur 23 5.30pm at Canelands/Myers	Sat 25 MRFZ Preseason - Week 1 (Prem Men, 1st Div Men, Prem Women)	Sun 26	Sprint Session C / Sunday Session
March					Catch up Sessions
Week 8	Tue 28 5.30pm at Goosponds (Meet Willis St Carpark)	Wed 29 Miners Friendly	Thur 1 5.30pm at River St Boat Ramp	Sat 3 MRFZ Preseason - Week 2 (Prem Men, 1st Div Men, Prem Women)	Sun 4 Cougars Friendly, Rockhampton
Week 9	Tue 6 5.30pm at Canelands/Myers	Thur 8 SUPER WANDERER ENDS 6.30pm at Wanderers (Broomdykes Loop)	Sat 10 Season Start	Sun 11	
Week 10	Tue 13 6.30pm at High Street	Thur 15 5.30pm at Goosponds (Meet Willis St Carpark)	Sat 17 Fixtures	Sun 18	
Week 11	Tue 20 5.30pm at River St Boat Ramp	Thur 22 6.00pm at High Street	Sat 24 Fixtures	Sun 25	
Week 12	Tue 27 6.30pm at Wanderers (Broomdykes Loop)	Thur 29 5.30pm at Canelands/Myers	Sat 30 Fixtures	Sun 31	
Last chance for early bird registration fees March 31					

* To be confirmed

* G.Willey will post on Facebook every Friday's if, when and where the Sunday training sessions will be.